

5 Myths about Parenthood.

I will feel love and bond with my baby right away.

I will get back in shape and feel normal
in a couple of months.

Nothing will be different between me and my partner.
If anything, we will be closer.

I will be able to do it all.

I have taken care of my neices, nephews,
siblings, etc, I totally got this.

These myths are not accurate picture of parenthood. When you bring your baby home. there will be many changes and unexpected.



Call 720-739-0668 today to schedule your appointment and prepare for real parenthood.

Small Steps Count Counseling
Keiko Yoneyama-Sims, LMFT
Licensed Marriage and Family Therapist

720-739-0668

www.SmallStepsCount.com

1355 S Colorado Blvd

Suite C-120

Denver CO 80222

